How interviews and contact tracing helps the community

Contact tracing slows the spread of COVID-19, protecting you and your community. Letting people know they have been exposed to COVID-19 allows them to take steps to get ahead of the virus and protect others as well.

Why you should use contact tracing

If a fire was started in your house, you would try to contain it and tell everyone to get out before it spread, wouldn't you? Contact tracing works kind of like that. It identifies a person who has been diagnosed with COVID-19 and stops the spread by telling those impacted to take care and quarantine. Expect many calls from public health professionals if you test positive, they are here to help you and the community.

- Your information is being used to track the virus and for no other reason.
- When you work with a contract tracer, you’re helping your community prosper and stay safe.

Understanding the interview and contract tracing progress

By participating in contact tracing, you help your community. Here is how it works:

**Interview:** A highly trained contact tracing staff member will call you and ask a few questions. They are mapping out who you have been in close contact with, so they can call each person and let them know they have been exposed to COVID19.

**Contact tracing:** Once they have mapped this, the staff member will call the individuals who had close contact to let them know quickly and sensitively that they have been exposed. They will also offer these individuals resources and support. **By law, contact tracers cannot name who has COVID-19. You will remain anonymous as your patient privacy is protected.**

**Contain:** The contact tracer will then advise your contacts to quarantine so they can protect themselves and their loved ones. They will also learn about their symptoms and how to monitor them. If they develop symptoms, they will also be given resources to go get tested. If they do have COVID-19, the process of contact tracing starts again.

Watch this video about contact tracing: denverpublichealth.org/StopTheSpread

"I didn't stay home at first, because I thought it was just allergies. I didn't get tested until my symptoms worsened, so I unknowingly exposed lots of people." - EPS program participant

PROSPER in your community